

## **Group Helps Teens:**

- ✓ Develop coping skills to support them deal with everyday challenges of having a disability
- ✓ Foster a life-long community of other people that share their lived experiences
- ✓ Discover how to be proud of who they are and the diagnosis' that are now part of their life
- ✓ Learn how to advocate for their needs in a variety of environments, including at school, in the healthcare system, and with relationships

**SYNDROME** 

teen support group

A GROUP FOR TEENS WITH EDS TO **EXPLORE THEIR DISABILITY AND GAIN** A LIFE-LONG COMMUNITY OF PEERS



Ages 14-18 Fridays 5pm-6pm \$40 per session, scholarships available