



Group Helps Teens:

- ✓ Overcome the embarrassments and stigmas surrounding sexual health
- ✓ Explore their identities and values in order to make responsible, informed decisions that honor their physical, emotional, and mental boundaries
- ✓ Develop an understanding of how confidence and self-worth support the life-long reclaiming of bodily autonomy
- ✓ Strengthen skills to advocate for the dignity and respect of all people through the use of direct communication, conflict management, responsible digital citizenship, and informed consent

The Birds **THE BEES**

AND EVERYTHING IN-BETWEEN

A group for teens looking for a sex education that doesn't suck



Ages 14-18

Fridays 6pm - 7pm, Beginning September
15th through November 17th
\$40 per session, scholarships available

Apply at: <https://interfaithbridge.com/teen-sex-ed>